

# Connect with An Advisor

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## General Services

The International Programs (IP) Office provides services to international students attending Seattle Central College, including advising, counseling and student life advising.

Students can get immediate assistance from the International Programs (IP) front desk, without meeting with an advisor. All students should bring picture ID when visiting the IP Office.

Front desk assistance includes the following:

- Obtain and submit forms
- Submit an I-20 form for a travel signature
- Pick-up an I-20 form
- Get assistance with a hold on a student account
- Ask questions about medical insurance or other general topics
- Make appointments with advisors

## Advising

Advisors are available during drop-in hours or by appointment. be sure to bring your Seattle Central Student ID card, or other valid picture ID, when you visit our office.

Advising Services available include:

- Quarterly registration assistance
- Academic planning
- Transfer advising
- Immigration Advising
- Cultural adjustment and student success support

## Drop-in Advising

The IP Office is currently offering drop-in advising in person in the IP Office. Drop-in hours are below (virtual drop-in marked with \* ).

### January 10 - 14

	9:00 - 10:00	10:00 - 11:00	11:00 - 12:00		1:00 - 2:00	2:00 - 3:00 *
Monday	XX	XX	XX		XX	XX
Tuesday	XX	Advising	XX		Advising	Advising
Wednesday	XX	XX	XX		Advising	Advising
Thursday	XX	XX	Advising		Advising	Advising
Friday	XX	XX	XX		XX	XX

**From January 18<sup>th</sup> – 28<sup>th</sup>, all drop-in hours will be virtual.**

### January 17 - 21

	9:00 - 10:00	10:00 - 11:00	11:00 - 12:00		1:00 - 2:00	2:00 - 3:00
Monday	XX	XX	XX		XX	XX
Tuesday	XX	Advising	XX		Advising	Advising
Wednesday	XX	XX	XX		Advising	Advising
Thursday	XX	XX	Advising		Advising	Advising
Friday	XX	XX	XX		XX	XX

## January 24 - 28

	9:00 - 10:00	10:00 - 11:00	11:00 - 12:00		1:00 - 2:00	2:00 - 3:00
Monday	XX	XX	XX		XX	XX
Tuesday	XX	Advising	XX		Advising	Advising
Wednesday	XX	XX	XX		Advising	Advising
Thursday	XX	XX	Advising		Advising	Advising
Friday	XX	XX	XX		XX	XX

To see an advisor during in-person drop-in hours, come to the IP office. To see an advisor during virtual drop-in hours, follow this link: <https://zoom.us/j/91769565741>. Remember to bring photo ID with you to your drop-in session.

If you would like to have a dedicated appointment with your primary advisor instead, see the instructions below.

## Primary Advisor

Students who need assistance with transfer advising, academic planning, or immigration issues, or who have questions that might take more than a few minutes to answer, can make an appointment to meet with their primary advisor through [Starfish](#) or by contacting the International Programs Office front desk at 206-934-3893 or [IntlCentral@seattlecolleges.edu](mailto:IntlCentral@seattlecolleges.edu).

Primary advisors are assigned to students when they first enroll at Seattle Central based on the spelling of their last name:

All students	<a href="#">Shunsuke Kanazawa</a>
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## Counseling

It is common for international students studying in the United States to face academic and personal challenges. The education system and the living environment are very different from what you knew in your home country. Fortunately, counselors are available by appointment, in the Seattle Central Counseling Center (BE3166). Counselors can assist you with issues such as:

- Academic difficulties and challenges
- Academic probation and suspension
- Problem vus communicating with your teachers
- Long-term academic and career goals
- Homesickness
- Personal issues

Please call 206-934-5407, or email [Counseling.Central@seattlecolleges.edu](mailto:Counseling.Central@seattlecolleges.edu) for assistance. More information on counseling services is available at <https://seattlecentral.edu/campus-life/student-support-and-services/counseling> . There is no cost for these services.

## International Student Services Staff

Shunsuke Kanazawa, International Student Advisor  
[shunsuke.kanazawa@seattlecolleges.edu](mailto:shunsuke.kanazawa@seattlecolleges.edu)

Melissa Randolph, International Student Advisor  
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Michelle Barreto, International Student Advisor  
[michelle.baretto@seattlecolleges.edu](mailto:michelle.baretto@seattlecolleges.edu)

David Roseberry, Director, International Admissions and Student Services  
[david.roseberry@seattlecolleges.edu](mailto:david.roseberry@seattlecolleges.edu)

Kirsten Rinker, Office Manager  
[kirsten.rinker@seattlecolleges.edu](mailto:kirsten.rinker@seattlecolleges.edu)

## Workshops

IP-sponsored workshops are designed to assist students with their personal and career development. The workshops will provide information about immigration rules, education and career choices, cultural adjustment and other issues. The format will be a combination of speakers, handouts, assessments and discussion, with time for questions and answers.

Each of the workshops below are offered each quarter. Updates with workshop times and locations will be provided when they are available, via our weekly e-newsletter.

### Employment Workshop

Come and learn about the different employment options for international students, including on-campus jobs and Optional Practical Training (OPT).

## OPT Workshop

This workshop is designed for students who are nearing the completion of their program and would like to learn more about what OPT is and application process.

## Long Range Plan Group Meeting

Students enrolled in the University Transfer program are required to complete a long-range academic plan with their advisor once they have earned 45 college credits. Before students can meet one-on-one with their advisor, they must attend a Long Range Plan Group Meeting.

## Online Registration Meeting

Learn how to plan your classes and use Seattle Central College's online course registration system. This meeting is for students who have completed or who are currently enrolled in College Bridge Reading 4.

## Other Workshops

The IP Office may offer additional workshops that vary by quarter. Be sure to read the e-news or other communications from our office to stay informed about upcoming workshops!